



# Counseling Associates Psychology Internship Program (CAPIP)

2025–2026 Doctoral Training Brochure

## Overview

The Counseling Associates Psychology Internship Program (CAPIP) is a comprehensive, full-time, 12-month doctoral internship dedicated to preparing future psychologists for ethical, competent, and community-oriented practice. As a part of Counseling Associates of New London, PLLC — a respected outpatient mental health organization serving rural and underserved communities — interns engage in a dynamic and diverse clinical environment that fosters growth, reflection, and professional development. *CAPIP is accepting 3 interns for the 2025-2026 training year, which begins in August 2025.* This internship is designed to prepare interns for an entry-level professional psychology position, and post-doctoral fellowship opportunities may be available after successful completion of their internship.

Our collaborative, multidisciplinary team includes psychologists, masters-level clinicians, psychiatric nurse practitioners, doctoral practicum students, and masters-level interns. With a variety of clinicians and areas of expertise, we offer comprehensive services for adults, children, adolescents, couples and families. Since its founding more than 20 years ago, Counseling Associates has grown from a two-person practice into one of New Hampshire's largest outpatient behavioral health groups, with eight offices in six locations across the state and a newly established satellite office in Mississippi. This expansion reflects our ongoing commitment to increasing access to mental health care, training clinicians, supporting community wellness, and providing excellent care to our clients.

## Our Aim

CAPIP's aim is to cultivate highly skilled, thoughtful, and culturally responsive psychologists. We provide training that is anchored in the practitioner-scholar model, emphasizing evidence-based interventions, clinical flexibility, ethical responsibility, and a deep respect for the diverse contexts in which clients live and thrive.

## Training Philosophy

Interns at CAPIP benefit from an immersive training experience. Our generalist training philosophy helps prepare interns for broad-based practice while offering the flexibility to tailor the internship to individual interests. Our supervision and didactic framework prioritizes the development of clinical acumen, self-awareness, and professional identity, while supporting interns as emerging leaders within the field of

psychology. CAPIP integrates interns into all aspects of clinical care and professional life. Interns are valued contributors to our organization, participating in direct service delivery, interdisciplinary collaboration, and systems-level consultation. We are committed to maintaining an atmosphere of openness and trust with our trainees and colleagues. Our training philosophy is built on the belief that psychologists are not only clinicians but also advocates, collaborators, and reflective practitioners.

## Training Competencies

CAPIP’s training goals are aligned with APA’s Profession-Wide Competencies. Upon completion, interns demonstrate competence in:

<i>Research &amp; Evidence-Based Practice</i>	Interns critically evaluate current research and integrate evidence-based practices into clinical interventions and assessments.
<i>Ethical &amp; Legal Standards</i>	Interns demonstrate ethical decision-making through review and discussion of APA ethical guidelines and applicable legal statutes as related to clinical and professional work.
<i>Individual &amp; Cultural Diversity</i>	Interns enhance cultural competence by engaging in diversity-focused seminars, reflective practice, and supervised clinical experiences with diverse client populations.
<i>Professional Values, Attitudes, &amp; Behaviors</i>	Interns demonstrate professionalism through consistent accountability, responsiveness to feedback, self-reflection, and commitment to ongoing professional development.
<i>Communication &amp; Interpersonal Skills</i>	Interns develop effective communication and interpersonal skills through regular peer and supervisory feedback, active participation in interdisciplinary collaboration, and reflective practice exercises.
<i>Assessment</i>	Interns conduct assessments for intake, crisis, and diagnostic purposes and using standardized measures, guided by supervision focused on administration, scoring, interpretation, and comprehensive report writing.
<i>Intervention</i>	Interns build therapy skills through maintaining a diverse therapy caseload, receiving weekly individual supervision focused on diagnosis, case conceptualization, intervention techniques, and clinical documentation. Interns are active participants in weekly case conferences.
<i>Supervision of Trainees</i>	Interns develop supervision skills through participation in a 12-hour supervision training course, structured supervision experiences with doctoral practicum students and masters-level interns, weekly supervision-of-supervision meetings, and ongoing supervisory feedback.
<i>Consultation &amp; Interdisciplinary Skills</i>	Interns enhance consultation skills through active participation in multidisciplinary teams, formal consultation opportunities, and facilitated discussions in professional seminars.

# Internship Structure and Clinical Sites

## Internship Tracks

Interns may choose among three areas of practice focus for their training experience. Didactics and group supervision are cohort-based and include training to support all tracks.

<i>Generalist</i>	Interns on this track work with clients across the lifespan with supervisory support appropriate to generalist practice.
<i>Adult</i>	Interns on this track work with adults with supervisory support appropriate to adult clinical practice.
<i>Children &amp; Adolescents</i>	Interns on this track work with children, adolescents, and families with supervisory support specific to this scope of practice. If you are interested in working with families, this is the appropriate track.

## Internship Sites

Counseling Associates is a private, multidisciplinary mental health practice with eight offices across six locations in New Hampshire. Our Hanover office at Buck Road is our primary internship office where didactics are held and our Director of Training is located. Interns may choose an office most convenient to them and have the choice of attending didactics and seminars in person or virtually. Supervision may be in person or virtual depending on supervisor availability and intern location preference. Counseling Associates is embedded in communities with multiple colleges and university, such as Dartmouth College, Keene State, Plymouth State, and Colby-Sawyer College, providing opportunities for interns to work with a sizeable number of college-age and graduate/medical school students.



### *Hanover*

2 Buck Road  
Hanover, NH 03775



### *Concord*

194 Pleasant Street  
Concord, NH 03301



### *New London*

35 Newport Road  
New London, NH 03257



### *Plymouth*

144 Highland Street  
Plymouth, NH 03264



### *Keene*

34 West Street  
Keene, NH 03431



### *Claremont*

251 Elm Street  
Claremont, NH 03743



### *Hanover - Nugget*

53 South Main Street Suite 206  
Hanover, NH 03775



### *Plymouth*

15 Town West Road  
Plymouth, NH 03264

## Training Resources

Interns deliver services in-office and via telehealth platforms. Each intern receives a private, dedicated office furnished with a computer, phone, secure internet access, printer, and access to secure fax. Interns are provided with a technology package including electronic health records, payroll, and telecommunication software. Robust administrative support assists interns with scheduling, billing, communication, and human resource matters.

## Clinical Experiences


The internship blends direct clinical service, supervision, didactic seminars, interdisciplinary consultation, and professional development activities. Interns typically devote about 50% of their time to direct service, (15-20 hours per week) with the remainder dedicated to supervision, didactics, consultation, documentation, and program development. Interns have the opportunity to treat clients across the lifespan. Direct service activities include:



<i>Individual, Couples, and Family Psychotherapy</i>	Interns are exposed to a diverse array of presenting concerns, including anxiety, mood disorders, trauma, ADHD, learning disorders, relational challenges, eating disorders, neurodiversity, personality disorders, and identity development. Interns may provide therapy via telehealth and hybrid service delivery, depending on client needs and training goals.
<i>Psychological Assessments</i>	Assessments are used for intake, diagnostic clarification, SUD screening, to guide treatment, and to track therapeutic progress. Interns have access to the following types of tests: cognitive, emotional and social functioning, executive functioning, projective and personality, mood assessment, and substance use evaluation.
<i>Group Facilitation</i>	Facilitation or co-facilitation of therapy groups, such as DBT skills, trauma recovery, and LGBTQIA+ support groups. Interns have the opportunity to develop groups aligned with their clinical interests.

# Supervision

Interns receive individual and group supervision from licensed psychologists, as well as, peer group supervision. Interns are offered supervisory experience through clinical oversight of doctoral practicum students and masters interns, supported by weekly supervision-of-supervision meetings. Interns receive a minimum of:



- 2 hours of weekly individual supervision from a licensed psychologist
- 2 hours of weekly group supervision from a licensed clinician to include supervision of cases, assessment, and intern supervisory experience

# Didactic Learning

Interns participate in **1 hour of weekly didactic seminars** and **1 hour of case conference** led by licensed clinicians across the mental health field. Interns also attend a monthly 2-hour Ethics and Professional Issues Seminar. Interns have additional learning opportunities to facilitate professional growth and foster individual clinical interests through specialty consultation groups. Specialty consultation groups are geared toward specialization and may be required. At Counseling Associates, a strong culture of peer consultation and interdisciplinary collaboration further supports trainees in deepening their clinical insight and enhancing the quality of care.

Weekly opportunities are also made available for interns to participate in a variety of professional development activities including projects focusing on Quality Assurance, program development, possible research opportunities, or community support/public health initiatives.

## *Sample Didactic Topics*

## *Specialty Consultation Groups*

Ethics and Risk Management  
Trauma-Informed Care  
CBT, DBT, ACT, and Other Manualized Treatments  
Psychodynamic Practice and Interventions  
Diversity, Equity, and Inclusion in Clinical Practice  
Cognitive and Personality Assessment  
Integrated Report Writing  
Assessment of Children and Adolescents  
Supervision Models and Skills  
Systems-Based and Rural Behavioral Health  
Substance Use Assessment and Treatment  
Differential Diagnosis  
Critical Evaluation of Research  
Eye Movement Desensitization and Reprocessing (EMDR)  
PTSD Treatment

Complex Clinical Presentations  
OCD & Exposure Treatment  
Substance Use/Co-Occurring Disorders  
EMDR  
Kid's Team  
LGBTQIA+ Care  
Eating Disorders  
Group Counseling Facilitation

# Stipend and Benefits

Interns are W2 employees and receive an annual salary of \$37,000 with 10 days of paid time off (PTO) and 6 paid federal holidays. Interns receive dedicated office space and supportive administrative infrastructure. Counseling Associates offers access to an Individual Coverage Health Reimbursement Arrangement (ICHRA) health insurance plan and pays interns' health insurance premiums. Interns may opt to pay a small premium for access to a group dental and vision plan. Interns receive retirement plan eligibility after 1,000 hours.

# Completion Requirements

CAPIP takes a developmental orientation toward supervision and training. Interns are expected to perform in an increasingly independent manner over the course of the training year. Successful completion requires:

2,000 total internship hours (minimum 500 direct service)
Ratings of at least “Intermediate Competency” on mid-year and “Proficient Competency” on final competency evaluations
Present at least two formal case presentations
Consistent participation in supervision, didactics, and peer consultation
Adherence to APA ethics and CA policies

# Application Process

To apply for doctoral psychology internship with Counseling Associates, please ensure eligibility and submit the required materials to the Director of Training by email. Prospective interns who are offered the opportunity to may do so virtually or in person, depending on intern preference. Interviews are conducted with two of CAPIP’s licensed psychologists and are held on a rolling basis.

Eligibility Criteria	Enrollment in an APA/CPA-accredited doctoral program (preferred) Minimum of 3 years of graduate training Passed comprehensive qualifying exams Dissertation proposal approved prior to start At least 500 direct intervention hours Completion of at least 3 assessment batteries and reports Must be able to pass a background check prior to start date
Required Application Materials	Completed Application Cover Letter detailing training goals Curriculum Vitae Graduate Transcript(s) Three Letters of Recommendation (at least one from a primary supervisor)

# Our Psychologists



**Grace Prosperi-Ketcham, PsyD, LP**

*Co-Training Director & Supervisor*



**Susan Borchert, PhD, LP**

*Co-Training Director & Supervisor*



**Gloria Whaley, PhD, NCSP, LP**

*Supervisor*



**Bruce Levine, PhD, LP**

*Supervisor*

## Contact

**Grace Prosperi Ketcham, PsyD.**

*Director of Training*

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**Katie Isabelle**

*Doctoral Psychology Program Administrative Assistant*

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(603) 865-1321

## Accreditation Status

The Counseling Associates Psychology Internship Program (CAPIP) is not APA accredited. CAPIP is not currently a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC).