



The Partner's Path: Roots and Roles

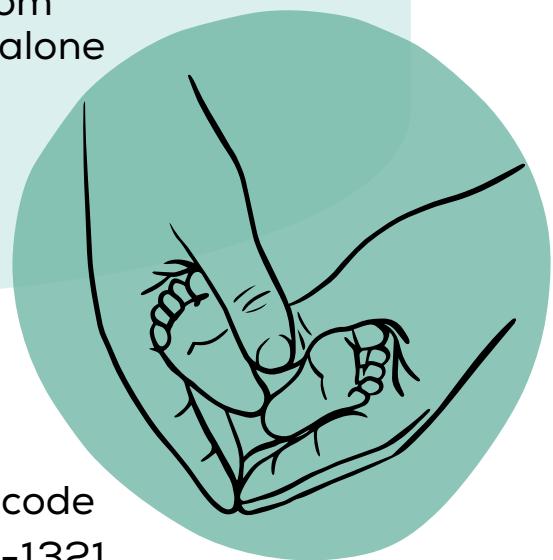
Becoming a parent brings big changes - emotionally, relationally, and personally. This group offers a supportive space just for non-birthing parents to connect, reflect, and build skills for this new chapter.

- Share openly in a supportive, affirming space.
- Psycho-education on Peripartum mental health
- Build coping and communication skills
- Connect, explore identity, roles and relationships

Welcoming all Non-birthing Parents who are expecting or parenting an infant.

Inclusive of all family structures and identities

Tuesdays 5 pm via Zoom
♥ You dont have to do this alone



SCAN
ME



Register online using the QR code
or call our office at 603-865-1321